

# RENEWAL AND TRANSFORMATION RETREAT

11 Sisters

12 Days

At Sacred Sites across TURKEY  
Drawing on New Moon energies:  
Sept 29 - Oct 11

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## Because every woman deserves:

Care, Pampering, Sisterhood, Awe, the Sublime, Ceremony, Sacred connection, Amazing food, the warm and welcoming energy of the Turks, Ancient power sites to ignite spiritual awakening and transformation. Turkey: His(Her)story and beauty she can't find anywhere else on mother Earth.

Because the time has come for women to awaken their innate power and knowledge to heal themselves and our beautiful planet. This is no longer a journey to be taken alone, but in community WITH YOUR SISTERS.

Because the land that is modern Turkey has honored and anchored the divine feminine through many ages and stages. The Greek pantheon of Goddesses in the West like Artemis, Athena, Aphrodite, Sybele, Demeter, and Christian like Mother Mary and Mary Magdalene, and the East through Ancient Sumeria and the Goddess Ishtar, the Hittites and their deity Utu Arinna, Goddess of the Sun, as well as Goddesses yet much older like the Great Mother of Anatolia depicted on a throne giving birth and flanked by leopards.



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Because your guide is a beloved daughter of Turkey, a sufi, energy healer and Medicine Woman who also happens to be the world Turkish hand gestures expert and an intrepid traveler on the path of inner transformation and outer service. 'Tara of Ankara,' as her grandfather would say, is a reiki master, family constellation facilitator, linguist, author, international preschool founder and priestess of Isis, Sekhmet, Maat.  
[www.TurkishHands.com](http://www.TurkishHands.com), [www.TappingIntoIntegrity.com](http://www.TappingIntoIntegrity.com)



### **Included in this trip**

- All lodging in 4-5 star hotels, most historically significant or carved out of caves,
- Full, amazing Turkish breakfasts and lunches and some dinners - from one of the finest cuisines in the world
- A certified guide and all domestic transportation and transfers
- A hot air balloon ride above a city of fairy chimneys at sunrise in Kapadokya
- Sunset from the top of Mt. Nemrut (Nimrod's mountain) next to the Goddess Tethys
- 12 days and 5 cities: Kapadokya, Mardin, Sanlifulfa, Edirne and Istanbul including the most ancient temple in the world: Gobeklitepe, 14,000 years old and the unexplainable statues atop Mt. Nemrut, or Nimrod's Mountain
- 11 new and true sisters on a mystical journey to re-member your Sacred SELF
- Sacred ceremony to connect with these ancient beings, our ancestors and the land at each sacred site as we are called and as we co-create with dance, music, invocation and connection with the energies present
- Visits to Turkish baths (hamams) to cleanse and rejuvenate
- Daily qigong practice in unison with the call to prayer when possible
- Connection with one of the world's warmest, most hospitable cultures
- Transformation and Renewal with awe, humor and fun facilitated by Tara
- One energetic healing and awakening session with Tara at the right time
- Reiki initiation if you are not already initiated and offering Reiki to the land and sites as a group

### **Not Included in this trip**

- International Airfare to Turkey
- Travel Insurance (extremely highly recommended)
- Most dinners - in order for sisters to be on their own or in smaller groups of discovery
- Tips and drinks

**The journey begins in Kapadokya, central Anatolia where the Goddess has been worshipped for a long time, to watch the sunrise from a hot air balloon over this mythological landscape of fairy chimneys, visiting ancient Caravan Lodges along the Silk Road as well as underground cities and Kervan Saray's with Sufi whirling and the belly dance of the divine feminine one special night. There will be an optional day/evening in the hamam attached to the hotel. From here we drive Southeast on ancient caravan routes to Ancient Mesopotamia, Mardin and its monasteries and underground temples where we can still hear the language of Yeshua spoken. We will visit the oldest Temple in the world at Gobeklitepe and perform ceremony, witnessed by the beings who built the temple and Mother Gaia herself, and let go of all that is old and unnecessary within us. We will likely be the first group in 10,000 years to perform ceremony there and bring our offerings. Sunset with the ancient deities from the summit of Mt. Nemrut, named after Nimrod, will be a final ceremony place in this region and an experience of such magnitude that our inner transformation will be sealed and blessed. We will fly from Mesopotamia to the farthest corner of Turkey, on the border with Greece and Bulgaira: Edirne, the older capital of the Ottoman empire and a mystical city with ancient roots. There we will stay in the converted home of one of the**

Ottoman Sultans born there. It is now being discovered that megaliths or stone circles stand near the current city, an ancient portal where we will perform ceremony to call in our truest selves and to anchor the Goddess. The trip ends with 2-3 days in exotic Istanbul, visiting underground Roman cisterns, ancient churches devoted to women, beautiful mosques that will transport you into other dimensions and a cruise upon the famed Bosphorus Straits looking at both Europe and Asia. We will bathe in a famed Turkish hamam, all to ourselves, scrubbing, intending, sweating and clearing. If time permits we will take the speed ferry to one of the Princess Islands where cars are not allowed and visit old monasteries. There is a link to the map showing sites here:

[Map of Sacred Sites for Divine Feminine retreat](#)

The tags in light blue are for future trips!

This is an intimate and exclusive group for sisters called to this work. Please note that the itinerary order may change. Acceptance is by application, so please write with your heart. A \$400 deposit is suggested with your application and will be returned immediately if the trip is full or your application doesn't fit at this time - or to hold your place for the next trip.

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May Gaia, your ancient sisterhood and the Guardians of these ancient sites call you to them Sisters!



